

Rashtrasant Tukdoji Maharaj Nagpur University

Syllabus for B. A. Semester – I (Psychology)

FUNDAMENTALS OF PSYCHOLOGY

To be implemented progressively from 2016-17 onwards

Objectives: To provide solid foundation to understand basic Psychological processes and their applications in everyday life.

Marks: Theory: 40, Internal Assessment: 10 Marks: Practical: 40, Internal Assessment 10. Total Marks: 100

Unit I Introduction

Definition and goals of psychology. Fields of Psychology: Theoretical and Applied.

Methods of Psychology: Introspection, Experimental and Observation.

Application: Understanding behavior through methods of psychology

Unit II Cognitive Processes

Perception: Definition, Gestalt principles: Figure and Ground. Laws of perceptual organization

Application: Laws of perceptual organization in daily life.

Learning: Conditioning, Trial and Error, Insight learning. Thordike's laws of learning

Memory: Definition, Stages of memory: Sensory memory, short term memory, long term memory.

Application: Memory improvement.

Unit III Motivation and Emotion

Motivation: Definition. Types of motives: Physiological, Psychological and Social.

Application: Enhancing self motivation.

Emotion: Definition and nature. Correlates: Internal and External changes.

Application of emotion: Understanding emotion.

Unit IV Intelligence and Personality

Intelligence: Definition, Concept of C. A., M. A. Distribution of I.Q. in population. Measurement of intelligence, Types of Intelligence Test.

Application: Improving intelligence in childhood.

Personality: Nature and Definition. Techniques of Personality Assessment: Projective and non-projective.

Note:

1. Two periods per week per batch of 16 students and 04 periods for theory per week shall be allotted.
2. Student has to submit duly certified record book at the time of examination.
3. Every student has to submit one assignment and also participate in group discussion.
4. In group discussion, application of Unit I, II, III and IV should be discussed.
5. Students will have to perform any **Four** of the following practical.

Practicum

1. Substitution Learning
2. Knowledge of Results
3. Effect of Mental Set on Perception
4. Memory Span for Digit
5. Personality Test
6. Alexander's Pass Along Test
7. Maze Learning
8. Judgment of emotion from photographs

28/2/19

28-2-19

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